

## Sample Statements

Sample “Me in 30 Seconds” statements for networking:

“My name is Randy Patterson and I’m currently looking for a job in youth service. I have 10 years of experience working with youth agencies. I have a bachelor’s degree in outdoor education. I raise money, train leaders, and organize unites. I have raised over \$100,000 each of the last six years. I consider myself a good public speaker, and I have a good sense of humor. Who do you know who works with youth?”

“My name is Lucas Martin, and I enjoy meeting new people and finding ways to help them have an uplifting experience. I have had a variety of customer service opportunities, through which I was able to have fewer returned products and increased repeated customers, when compared with co-workers. I am dedicated, outgoing, and a team player. Who could I speak with in your customer service department about your organization’s customer service needs?”

Sample “Me in 30 Seconds” statement for an interview:

“People find me to be an upbeat, self-motivated team player with excellent communication skills. For the past several years I have worked in lead qualification, telemarketing, and customer service in the technology industry. My experience includes successfully calling people in director-level positions of technology departments and developing viable leads. I have a track record of maintaining a consistent call and activity volume and consistently achieving the top 10 percent in sales, and I can do the same thing for your company.”

“I am a dedicated person with a family of four. I enjoy reading, and the knowledge and perspective that my reading gives me has strengthened my teaching skills and presentation abilities. I have been successful at raising a family, and I attribute this success to my ability to plan, schedule, and handle many different tasks at once. This flexibility will help me in the classroom, where there are many different personalities and learning styles.”