



Lead Student Lesson Plan

L07: Time Management

Main Purposes

- To know that we are stewards of our time and there are ways to use it most effectively.
- To know the importance of moral agency.
- To make good use of our time by following the Spirit.

Student Preparation

Students were asked to prepare for gathering by completing specific activities and/or pondering certain questions. Please refer to the gathering instructions in this week's unit or lesson in the course.

Lesson Outline

As the Lead Student this week you will facilitate the Thursday Gathering. The times given for each activity are suggested times. The Gathering should not last more than 60 minutes. Try to make sure that the main purposes of the gathering are met each week.

OPENING	LED BY MISSIONARIES
Announcements, Hymn, and Prayer (10 minutes)	Announcements Opening Hymn: Chosen by missionaries Opening Prayer: By Invitation
CLASS ACTIVITIES	LED BY LEAD STUDENT
Object Lesson (10 minutes)	Advanced Preparation: Prepare three large clear jars or water pitchers. Fill up one container with medium (2 - 3-inch) rocks, one with dirt, and one with water. Lead Student to Class Read the following story as you present the object lesson: One day, an expert was speaking to a group of business students and, to drive home a point, used an illustration those students will never forget. As this man stood in front of the

	<p>group of high-powered overachievers he said, “Okay, time for a quiz.” Then, he pulled out a one-gallon, wide-mouthed Mason jar and set it on a table in front of him. Then, he produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, “Is this full?” Everyone in the class said, “Yes.” Then, he said, “Really?” He reached under the table and pulled out a bucket of dirt. Then, he dumped some dirt in and shook the jar, causing the dirt to work down into the spaces between the big rocks. Then, he asked the group once more, “Is the jar full?” By this time, the class was onto him. “Probably not,” one of them answered. “Good!” he replied. Then, he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then, he looked up at the class and asked, “What is the point of this illustration?” One eager beaver raised his hand and said, “The point is, no matter how full your schedule is, if you try really hard, you can always fit some more things into it!” “No,” the speaker replied, “that’s not the point. The truth this illustration teaches us is: if you don’t put the big rocks in first, you’ll never get them in at all.”</p> <p>What are the “big rocks” in your life? A project that you want to accomplish? Time with your loved ones? Your faith, your education, your finances? A cause? Remember to put these big rocks in first, or you’ll never get them in at all. So, tonight or in the morning, when you are reflecting on this short story, ask yourself this question: what are the “big rocks in my life”?</p>
<p>Think, Pair, Share</p> <p>(5 minutes)</p>	<p>With a Partner</p> <p>Have the students do the Think, Pair, Share learning activity (refer to the Group Activity Video) to discuss how the object lesson compares to managing their time.</p>
<p>We are stewards of our time</p> <p>(10 minutes)</p>	<p>Whole Class</p> <p>“Stewardship” means to take care of those things with which we are blessed from God or to attend to the assignments one receives in a Church calling. Elder Neal A. Maxwell said, “Time is for all of us, a gift from God; it is given to us as a part of our mortal stewardship.”</p> <p>Read Alma 34:32 aloud.</p> <p>Discuss the following questions as a group:</p> <ul style="list-style-type: none"> • Besides time, what else is part of your stewardship? • In what ways is your time similar to and different from other stewardships?

	<ul style="list-style-type: none"> • How does effective time management better help us to "prepare to meet God"?
<p>Moral agency/ Using time effectively</p> <p>(15 minutes)</p>	<p>Advanced Preparation: Choose quotes from the Lesson 7 > Lesson Enhancement information to share with the class, (see below). Choose three quotes if you have 12 students or less in your gathering; choose four quotes if you have 13 - 19 students in your gathering; choose five quotes if you have 20 - 29 students in your gathering; choose six quotes if you have 30 or more students in your gathering.</p> <p>Small Groups</p> <p>Divide the students into groups of about four students. Give one of your selected quotes to each group. Allow time for each group to read their quote and discuss how it relates to prioritizing, determining what is most important, and/or using time wisely.</p> <p>Groups can trade their quote with another group and repeat the activity, or you can choose to do a Jigsaw activity as described in the Group Activity Videos.</p>
<p>Be flexible and follow the Spirit in your time management</p> <p>(10 minutes)</p>	<p>Whole Class</p> <p>Read the following quote from President Thomas S. Monson: “The sweetest experience I know in life is to feel a prompting and act upon it and later find out that it was the fulfillment of someone’s prayer or someone’s need, and I will always want the Lord to know that, if He needs an errand run, Tom Monson will run that errand for Him.”</p> <p>Discuss the following questions:</p> <ul style="list-style-type: none"> • Why is our time never wasted when we are following the promptings of the Spirit? • Why is it important to show the Lord that He can trust us to follow His promptings? • Quickly obeying promptings is rarely convenient and can be quite challenging. What would you say to a friend who is struggling to quickly obey the promptings they receive?
<p>Conclusion</p>	<p>Lead Student to Class</p> <p>Bear personal testimony of at least one of the concepts discussed at tonight’s gathering.</p>
<p>CLOSING</p>	<p>LED BY MISSIONARIES</p>

Remember: You need to be able to contact each other and stay organized. Use the method that works best for your gathering group (texts, email, Facebook, etc.).

Note

Please download and print a copy of these instructions to use as a reference during Thursday's Pathway Gathering.

- [*Of Things That Matter Most*](#), by President Dieter F. Uchtdorf, general conference, October 2010.
- [*Good, Better, Best*](#), by Elder Dallin H. Oaks, general conference, October 2007. “Most of us have more things expected of us than we can possibly do ... we face many choices on what we will do with our time and other resources.”
- [*Finding Joy in the Journey*](#), by President Thomas S. Monson, general conference, October 2008. “Brothers and sisters, my sincere prayer is that we may adapt to the changes in our lives, that we may realize what is most important, that we may express our gratitude always and thus find joy in the journey.”
- [*Missing*](#), a TV ad on the Mormon Channel regarding priorities and time management. (There are several other videos on the same Mormon Channel page that apply to priorities and time management along with other topics. You are welcome to browse this page and view any of the ads that interest you.)
- [*Organizing Your Life \(Transcript\)*](#), a BYU–Idaho Study Skills video produced for campus students. The information is still very useful and you can apply the concepts and principles to your situation as an online Pathway student.
- [*Genesis 1, Genesis 2:1–3*](#) Heavenly Father chose Jesus Christ to make the earth in six days. Jesus had to manage His time in order to accomplish the monumental task assigned to Him. Consider how the Lord managed His time and what Heavenly Father and Jesus Christ did when the task was finished.
- [*Focus and Priorities*](#), by Dallin H. Oaks, general conference, April 2001. “Available information wisely used is far more valuable than multiplied information allowed to lie fallow...We also need priorities. Our priorities determine what we seek in life.”
- [*Three Gates Only You Can Open*](#), a talk given at Ricks College (BYU–Idaho) on January 14, 2001 and published in the New Era, August 2008. President Monson addresses three topics including the topic of preparation which relates to this time management lesson.
- [*Improve the Shining Moments*](#), Hymn #226, especially verses two and four. “Time flies on wings of lightning ...”