

PC 101 Life Skills

Gathering Agenda for Week 04

Learning Strategies

Gathering Purposes

- Discuss the BYU-Pathway Worldwide devotional
- Teach one another about learning strategies

Preparation

- For *face-to-face Gatherings*, arrive early to setup the room, prepare any visual aids, and greet students as they arrive.
- For *virtual Gatherings*, start the meeting early, share your screen with a message welcoming them to the gathering and letting them know you'll start soon.
 - When the Gathering Agenda asks that students meet in small groups, use [Breakout Rooms](#).
 - When the Gathering Agenda asks you to display things on "the board," you can use the [whiteboard](#).

Min.	Activities	Teaching Tips
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Welcome

10	Welcome	Welcome, announcements, and housekeeping	
	Hymn or Thought, Prayer	Please sing one or two verses of a hymn. If you meet with a virtual gathering, the lead student or another student should be invited to share a brief spiritual thought. A volunteer will then give an opening prayer.	
	BYU-Pathway Worldwide Devotional	Students were asked to watch the BYU-Pathway Worldwide devotional this week, as contained in the course. They should have done this prior to the gathering. As a class discuss the devotional using the discussion questions provided in the course.	Look up the questions in advance so you are ready.

Math Gathering Activity

10	Read and Discuss	<p><i>As you learned last week, from here on out our Gatherings will traditionally begin with a brief Math Exercise so we can all practice and apply the Math concepts we are learning. Hopefully you all had a chance to review it before coming to class tonight. It can be found every week at the bottom of the Math Lesson page as well as within the Math Exercise quiz.</i></p> <p><i>Here is this week's math problem:</i></p> <p>You are in charge of the food for a ward party. You estimate there will be 120 people who will attend. Your committee will make the lasagnas and salads.</p>	<p>Read this section aloud to the class.</p> <p>Write or project this math problem onto the board for the</p>
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		<p>Banquet Menu: Lasagna: One pan can be cut into 18 servings Salad: The salad recipe makes 15 servings</p> <p>Questions:</p> <ol style="list-style-type: none"> 1. If all 120 people come to the banquet, how many pans of lasagna will the committee need to make? 2. How many bowls of salad will they need to make? 3. If each pan of lasagna costs \$11.75 to make from scratch and each salad costs \$6.50, how much money will the lasagna and salad for everyone cost? <p>Answers: Lasagna: $120/18=6.66 \rightarrow$ So they need 7 pans of lasagna Salad: $120/15=8 \rightarrow$ So they need 8 bowls of salad Cost of lasagna and salad: $7 \times 11.75 = 82.25$ and $8 \times 6.5 = 52.00$, then $82.25 + 52.00 = \mathbf{\\$134.25}$</p> <p>Ask the class if they have any remaining questions.</p>	<p>class to see or bring printed copies of this problem to hand out to the class if physically gathering.</p> <p>Invite the class to take five minutes to answer the three questions. Ask the class to share their answers and/or ask questions.</p> <p>Reveal the correct answer to the class</p>
Learning Strategy Jigsaw			
5	Explain	<p>A jigsaw is an activity where a few students become experts on one topic and then teach others what they have learned. In this activity you will divide into small groups and assign each group one or two of the learning strategies from this week's lesson. A list is included at the bottom of this document.</p> <p>Each group spends 10 minutes discussing their topics and then designates a group leader who will present the groups findings (if in a virtual setting, use breakout rooms).</p>	
10	Small Group Activity	Have each group study their topic(s) for 10 minutes and decide how to teach it to the entire class in 2 minutes per group	
15	Presentation	Invite each group leader to present their topic to the class.	You may have to adjust this activity based on class size.
Class Reflection			
10	Read	<i>Learning by and with the Holy Ghost is a foundational principle of learning. President Nelson stated, "In coming days, it will not be possible to survive spiritually without the guiding, directing, comforting, and constant influence of the Holy Ghost. My beloved brothers and sisters, I plead with you to increase your spiritual capacity to receive revelation."</i>	Write President Nelson's quote on the board.
	Discuss	In this week's lesson we reviewed the Patterns of Light videos from Elder Bednar about how to recognize revelation.	Keep in mind that people may still be

		<ul style="list-style-type: none"> • Start a class discussion about how to recognize the promptings from the Holy Ghost. Consider the following learning journal prompts: • Why does the Holy Ghost use our memories and past experiences in his promptings? • How can you know if inspiration is coming from God or your own thoughts? • Why doesn't God use the pattern receiving revelation all at once (like a light being turned on) more frequently? Have you received revelation in this way? What was it like? • Conversely, why does the Lord usually give us gradual revelation (like a sunrise or a foggy day)? Have you received revelation this way? How did it feel? 	developing their testimony of the gospel and these topics may be foreign to them so they may feel uncomfortable sharing.
		You may also want to study the following quote from President Nelson and identify what steps he suggests we follow to receive revelation.	
		<i>"What will your seeking open for you? What wisdom do you lack? What do you feel an urgent need to know or understand? Follow the example of the prophet Joseph find a quiet place where you can regularly go, humble yourself before God pour out your heart your heavenly father turn to him for answers and for comfort, pray in the name of Jesus Christ about your concerns your fears your weakness, yes the very longings of your heart, and then listen, write the thoughts that come to your mind, record your feelings and follow through with actions that you are prompted to take. As you repeat this process day after day, month after month, year after year you will grow into the principle of revelation "</i>	
	Testimony and Prayer	Bear a 30-90 second testimony of the power of learning by faith in your own life. End with a prayer by invitation.	

See the list of learning strategies on the next page ----->

Learning Strategies

Recognize and Act on Promptings from the Holy Ghost

“In coming days, it will not be possible to survive spiritually without the guiding, directing, comforting, and constant influence of the Holy Ghost. My beloved brothers and sisters, I plead with you to increase your spiritual capacity to receive revelation.” -Russel M. Nelson

Make Your Brain Work Hard

- Forget to Learn
- Use Active Learning Techniques

Use Distributed Learning

- Do an initial review a few hours after you have learned something.
- Sleep on it and review it the next day.
- After two to three days, review the material again.
- To maintain the knowledge, review it every other week.
- To incorporate the knowledge into your daily life, find ways to practice it daily.

Create Clues

- Vary study habits
- Take notes

Learn to Ask Good Questions

- So what?

Teach to Learn

“A true gospel teacher is not satisfied when learners simply listen to what he or she has to say. Learning the gospel is an act of faith and effort. When you prepare to teach, instead of thinking, ‘What will I do to teach?’ ask yourself, ‘What will my class members need from me to learn effectively? How will I help them discover the gospel for themselves? How will I inspire them to act?’” -*Teaching in the Savior’s Way*