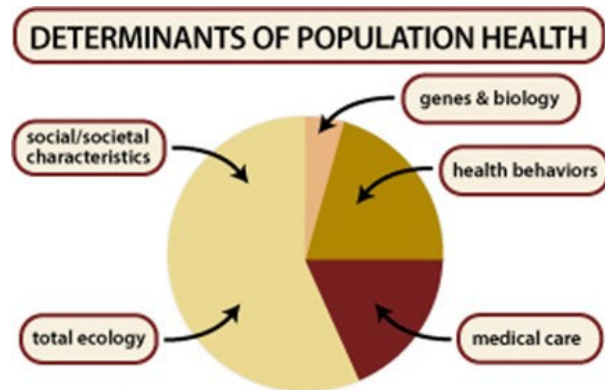




# The Future of Healthcare

# What is Population Health?

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- The CDC views population health as an interdisciplinary method that provides resources to address designated health disparities in populations
- Population health efforts require the active participation of healthcare providers, public health professionals, third-party payers, employers, policy makers, and more
- The ultimate goal is to have healthy people comprising healthy populations that create productive workforces and thriving communities
- The bridge between Healthcare Administration and Public Health
- Health is so much more than the absence of disease!
- Determinants of Health = Structural and Intermediary Determinants
  - Structural Determinants = Socio-economic and political factors
  - Intermediary Determinants = income, housing, stress, healthcare, social support, etc.

# What is population health comprised of?

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- Patient-centered care
- An identified primary care provider
- An interdisciplinary healthcare team to provide supportive services
- Knowledge and recognition of determinants of health and the impact on population and individual health
- Integration of clinical, public health, and community systems
- Utilization of evidence-based guidelines to provide high-quality and cost-effective care
- Provision of culturally and linguistically appropriate care and health education
- Implementation of interoperable and cross-sector health information technology
- Resources = education, training, financing

# How does population health “fit”?

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Issues you have learned this semester: Spending, outcomes, quality, cost, access, etc.

- **Population health** is people-focused. *The more we can do to improve the health of our fellow humans, the more we improve all aspects of society (e.g., healthier populations can accomplish more than ailing populations), including not having to spend as much money on expensive and extensive interventions.*
- **Population health** efforts lead to our being able to provide improved access to care and other resources. As patients receive care when they need it, instead of later during emergency conditions because of neglect (such as because patients lack health insurance and use emergency rooms instead of a primary care physician), less stress is placed on these vital services.
- *A focus on population health promotes better patient engagement. You can expect to see patients feeling empowered so that they can better manage their own health.*
- *Proactive vs. Reactive*
- Anything else?

# How Can You Help?

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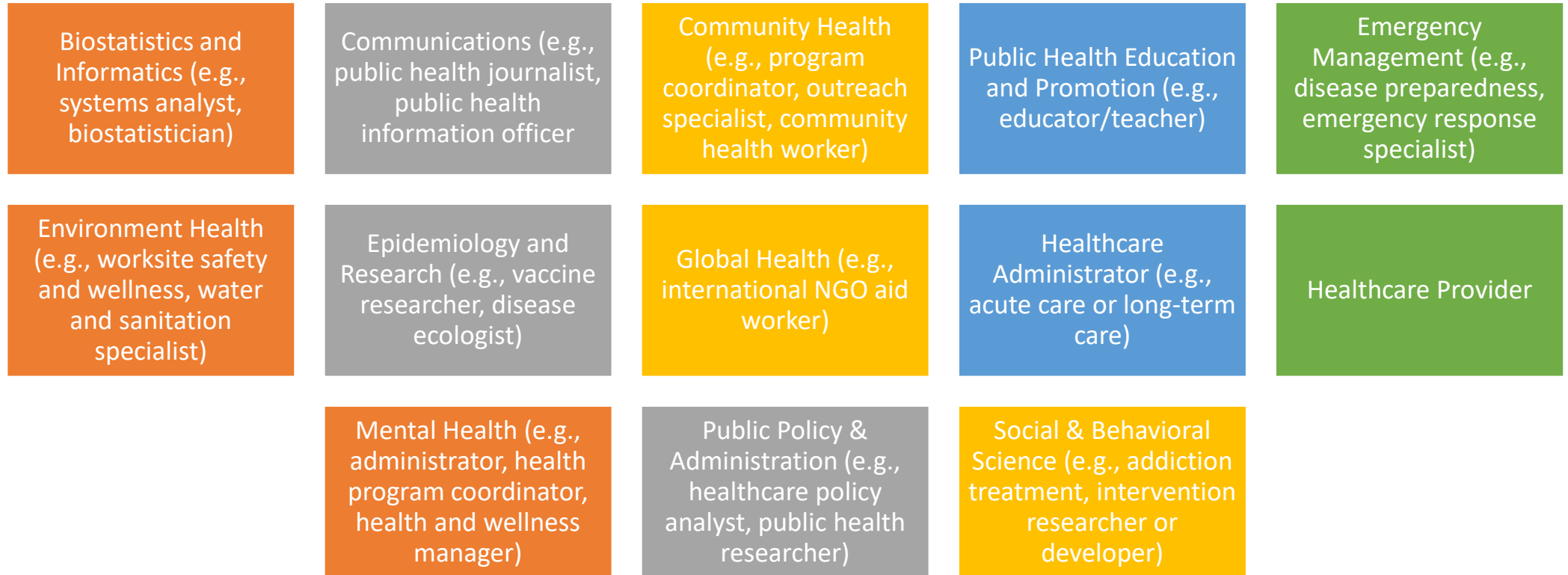
The Bureau of Labor Statistics (BLS) projects 4.6 million new healthcare positions by 2028 – more than any other sector.

- Public vs. Private Sector
- Public Health Professional
- Healthcare Administrator
- Healthcare Provider
- Policy Maker
- Other...



# What is your Path?

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# From a spiritual perspective...

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## General Handbook 38.7.14 – Word of Wisdom and Healthy Practices

- The Word of Wisdom is a commandment of God. He revealed it for the physical and spiritual benefit of His children. Prophets have clarified that the teachings in Doctrine and Covenants 89 include abstinence from tobacco, strong drinks (alcohol), and hot drinks (tea and coffee).
- Prophets have also taught members to avoid substances that are harmful, illegal, or addictive or that impair judgment.
- There are other harmful substances and practices that are not specified in the Word of Wisdom or by Church leaders. Members should use wisdom and prayerful judgment in making choices to promote their physical, spiritual, and emotional health.
- The Apostle Paul stated: “Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s” (1 Corinthians 6:19-20).
- The Lord promises spiritual and temporal blessings to those who obey the Word of Wisdom and the guidance of living prophets (Doctrine and Covenants 89:18-21).